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Chef Marcel's Personal Chef Service

Menu for: Stacey Whitehill **Service Week:** March 8, 2009 **Serving:** 1 person
Delivery Dates: Sunday night 3/8 (3 meals), Wednesday night 3/11 (2 meals)

Lasagna Vegetable

Lasagna with whole wheat noodles and roasted tomato sauce layered with grilled zucchini, ricotta cheese, and eggplant

Salad

Fennel and orange salad with cucumbers and citrus dressing

Red Quinoa cakes

Red quinoa cakes with lentils, brown rice, eggplant-tomato ragu, smoked mozzarella, and roasted cauliflower

Salad

Sweet potato, orzo, feta, cherry tomatoes, dill cucumber, and mint

Moroccan Vegetable Kamut Couscous

Chickpeas, saffron, tomatoes, zucchini, butternut squash, eggplant, ras-el hanout, harissa, fried almonds, and tomato broth

Salad

Lentils, zucchini, carrots, red onion, tomato, feta, and cumin vinaigrette

South Indian Vegetable Curry

South Indian vegetable curry with garlic, sweet potatoes, eggplant, and zucchini squash with steamed brown basmati

Appetizer

Potato and pea samosas with raita

Red mole and chicken tamales

Red mole and chicken tamales, with green poblano rice, beans and corn

Salad

Jicama, pineapple, cucumber orange salad tossed with spicy chili dressing